

# June

## Brunswick Senior Center

12 East "A" Street  
Cathy Barnes, Coordinator

Brunswick, MD 21716

301-834-8115

email:cbarnes@frederickcountymd.gov

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
" <b>Reaching Out</b> " we will be collecting items to donate to the locale food bank.	<b>CIVIL WAR~150 years later, we will be visiting several locations effected by this event.</b>	<b>1</b> 11:00 Food Bank Rep. 12:45 "Regular" Bingo	<b>2 9:00 Strength Training</b> <b>11:00 Catoctin Creek Park Picnic &amp; Nature Program</b>	<b>3</b> 11:00 Let's Play Po-Ke-No 1:00 Local Shopping
<b>6</b> 11:00 Lunch out & Wal-Mart Shopping Trip	<b>7 9:00 Strength Training</b> <b>CENTER CLOSED</b>	<b>8</b> 11:00 "Ask Nurse Steve" Coping with Stress 12:45 "Sweet" Bingo	<b>9 9:00 Strength Training</b> Birthday cake & ice cream 11:00 Allegheny Power Program	<b>10</b> 11:00 Food Fun 1:00 Local Shopping
<b>13</b> 11:45 Nutrition Minute	<b>14 9:00 Strength Training</b> <b>CENTER CLOSED</b> 5:30 Card Party	<b>15</b> 12:45 "Sour" Bingo <b>Wear Purple in recognition of Elder Abuse Awareness Day</b>	<b>16 9:00 Strength Training</b> <b>Special Menu &amp; Music</b> <b>11:00 Crochet Group</b>	<b>17</b> 10:30 am Popcorn & a Movie 1:00 Local Shopping
<b>20</b> 10:00 Visit Surreybrooke Nursery	<b>21 9:00 Strength Training</b> <b>CENTER CLOSED</b>	<b>22</b> 11:00 Lunch out with Friends followed by <b>BINGO</b> at Brunswick House	<b>23 9:00 Strength Training</b> <b>10:30 Visit Cooling Springs Farm</b> <b>1:00 Civil War Medicine Museum</b>	<b>24</b> 1:00 Local Shopping
<b>27</b> 11:00 Board Meeting 1:00 Dollar Store Shopping	<b>28 9:00 Strength Training</b> <b>CENTER CLOSED</b> 5:30 Card Party	<b>29 12:00 Brown Bag</b> lunch & BINGO with ELC & <b>FOOD BANK</b> donation pick-up.	<b>30 9:00 Strength Training</b> <b>11:00 Crochet Group</b>	<b>Don't forget we play BINGO:</b> *Monday 9:00 am McDonald's Wednesday 1:00 pm Here *Thursday 9:00 Green Country <b>*Prizes donated by businesses</b>

*Brunswick Senior Center*

"Where everyone is someone"